



Free Fall 5K Thanksgiving Day 2014 \$5.00 Race Fee



Thursday - November 27, 2014
Rochester Community Center
150 Wakefield St, Rochester, NH 03867
Registration opens at 7:00 a.m.
Race Starts at 8:30 a.m.

On-line Registration: <http://www.freefall5k.com/>

Registration: \$5.00 for all participants (6 yrs old under – run free)

Shirt: \$10.00 Short Sleeve Green Tech shirt; Shirt orders taken until 11/10 and some shirts maybe available for purchase on race day while supplies last but no guarantees.

Shirt size (circle one): **Adult:** Small Med Large X-Large XX-Large
 Youth: Med Large

Day of race: Registration and packet pick up from 7:15am-8:15am

Please make checks payable to: Rochester Runners and mail to:

**Rochester Runners
PO Box 727
Rochester, NH 03866**

RACE PROCEEDS: Homeless Center For Strafford: <http://www.homelesscenterforstraffco.org/>

CAN DRIVE: Bring a can or two – support Gerry's Food Pantry

Full Name: _____

Address (Street, City, State): _____

Email: _____

Sex (circle one): Male Female **Date of Birth:** _____

In consideration of being a registered entrant in the 5K Road Race on 11/27/14, the undersigned does hereby agree to assume all risk of harm, injury, or loss of whatever nature resulting at said event and release, remise, discharge and forever hold harmless the Rochester Runners and all sponsors or contributor agents associated with the even from any claims which arise from my participation in the said race.

Signature: _____ **Date:** _____

(Legal Guardian for participant under 18 yrs old)